



Erasmus+

This project is funded by the European Union.

### TRAINING IN EMBODIED CRITICAL THINKING (TECT)

is an interdisciplinary project spanning 2021-2023, initiated by philosophers, computer scientists, cognitive scientists, environmental designers and mindfulness trainers, collaborating across five European universities.

TECT offers novel methodologies based on theories of embedded, extended and enactive mind, with far reaching implications for independent, creative and critical thinking in the 21st century. TECT is designed to cater to students, researchers and professionals across thinking and creative disciplines.

TECT is committed to **Francesco Varela's** "call for transforming the style and values of the research community itself":

*Unless we accept that at this point in intellectual and scientific history some radical re-learning is necessary, we cannot hope to move forward and break the historic cycle rejection-fascination with consciousness in philosophy of mind and cognitive science. My proposal implies that every good student of cognitive science who is also interested in issues at the level of mental experience, must inescapably attain a level of mastery in phenomenological examination in order to work seriously with first-person accounts." (Varela, 1996, pp. 346-347)*

**TECT ONLINE COURSES** provide interdisciplinary foundations of Embodied Critical Thinking, with a special emphasis this year on techniques designed for exploring lived experience. The courses will situate the different first-person approaches within the broader scope of cognitive science.

**TECT SUMMER SCHOOL** will address the question: What is it like to be conscious? The focus will be on hands-on exploration of participants' experiential landscapes – they will learn about and apply various approaches of gathering and reporting on lived experience, such as micro-phenomenology, thinking at the edge and meditative self-inquiry. The lectures will cover aspects of embodied, embedded, and affective cognition, as well as the neuroscience of consciousness, phenomenology, and epistemology.

After the summer school, the students will

- be able to understand the place of contemplative and experiential first-person approaches within the broader scope of cognitive science,
- become more familiar with their own experiential landscapes,
- be able to understand the basics of a chosen first-person approach as a way of exploring consciousness.

**TECT INDEPENDENT PROJECTS** are pursued across various fields of cognitive science, design, and/or philosophy, supervised by a TECT teacher of the student's choosing.

# Training in Embodied Critical Thinking

## International Training Program

March to October 2022

Online webinar series  
Summer school  
Independent project

> 15 ECT

For students, researchers & professionals

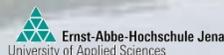
Hosted by the **University of Ljubljana** with partners from the TECT consortium:

**ECT, University of Iceland**  
**Brain Modelling and AI, University of Groningen**  
**University of Applied Sciences, Jena, Mindful Education**  
**Environmental Design, Technion Haifa**  
**Micro-phenomenology Laboratory, Paris**

**Application deadline:**  
**December 15<sup>th</sup>, 2021**

Erasmus+ travel and accommodation grants available for participants from collaborating universities

More info: [www.trainingect.com](http://www.trainingect.com)



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